



LENDING HANDS OUTREACH

One-Page Overview | Developing Adult Day Health Care, Transportation, Food Support, and Compassionate Community Care

Arizona ranks last nationally in Adult Day Health Care access	4,000+ authorized seniors may lack access because capacity is too limited	Launch goal: 25 members/day with safe care, meals, and transportation
Only about 4 ADHC slots are available per 10,000 seniors.	The barrier is provider capacity - not lack of need or funding.	Attendance-driven Medicaid reimbursement supports sustainability.

Who We Are

Lending Hands Outreach is an Arizona 501(c)(3) faith-based nonprofit preparing to serve AHCCCS/ALTCS-eligible seniors age 65+ through licensed Adult Day Health Care under Arizona ADHS Provider Type 27, reliable transportation, meals, and community-based support. Services will be available to all eligible individuals without discrimination; spiritual support is optional and never required.

Our Mission

To serve vulnerable seniors and families with dignity, safety, and compassion - providing practical care, nutrition, transportation, and community support while remaining open and welcoming to all eligible individuals.

The Need in West Phoenix

- Arizona faces a severe shortage of Adult Day Health Care provider capacity.
- Low-income working families need dependable daytime care for aging parents and loved ones.
- Seniors face isolation, health risks, transportation barriers, food insecurity, and limited access to structured care.
- Initial target communities include Maryvale, Avondale, Tolleson, Laveen, and surrounding West Phoenix neighborhoods.

Core Services

- Planned licensed Adult Day Health Care under Arizona ADHS Provider Type 27
- Daily supervision, support, and health monitoring by qualified staff
- CACFP-compliant meals and nutrition support
- Non-emergency medical transportation coordination
- Social, cognitive, therapeutic, and person-centered programming
- Caregiver relief for working families

Sustainable Operating Model

LHO is preparing to operate under Arizona ADHS Provider Type 27 and generate core revenue through AHCCCS/ALTCS managed care organizations on a fee-for-service basis. The current planning assumption is approximately \$105 per attending member per day, with Medicaid coverage for eligible participants.

Financial Snapshot

- Target capacity: 25 members/day at approximately 85% occupancy
- Projected annual ADHC revenue: approximately \$570,000
- Projected NEMT net contribution: approximately \$48,000 annually
- Estimated break-even occupancy: approximately 71%
- Minimum launch reserve needed before opening: \$75,000

<h3>Current Launch Priorities</h3> <ul style="list-style-type: none"> • Secure a minimum \$75,000 operating reserve before opening • Identify and lease an ADA-compliant facility of approximately 4,200 sq. ft. • Complete ADHS pre-licensing and inspection readiness • Begin MCO contracting and pre-enroll 25 members 	<h3>How Partners Can Help</h3> <ul style="list-style-type: none"> • Startup grants and operating reserve support • Facility leads, renovation support, furniture, equipment, and supplies • Food, volunteer, and community referral partnerships • Senior referrals, caregiver connections, and agency/MCO introductions
---	--

Bottom Line: Lending Hands Outreach is building a practical, fundable care model that addresses Arizona senior care capacity, supports caregivers, and restores dignity to vulnerable seniors.